

SHAKLEE SUPPLEMENTS ARE CLINICALLY TESTED, PROVEN, AND COMPLETELY ABSORBED (100% BIOAVAILABLE)





ENERGIZING SOY PROTEIN***ENERGY & CELL BUILDER******* Biologically complete, balanced, & easily absorbed. Normalizes & maintains blood sugar levels, energy, stamina. Prevention for Prostate, Ovarian, Breast, Uterian Cancer; Osteoporosis, Cholesterol, Hot Flashes. Enhances immune system. Promotes Heart health, Immune System & Bone Density. Beneficial for ADD and ADHD, IBS. Start with 1 teaspoon the first morning and build over 4 days to 3 tablespoons each morning. Mix with milk, juice, water, yogurt, cereal or other foods.

<p align="center">ESSENTIAL FOUNDATION</p> 	<p align="center">VITA-LEA <i>Activator- Salad</i></p> <p>Multivitamin-Multimineral Balances body chemistry Enhances protein efficiency Increases calcium levels Incredibly comprehensive 23 essential nutrients Important trace minerals</p> <p align="center">PerMeal---PerDay</p>	<p align="center">B-COMPLEX <i>Happy Food</i></p> <p>Patented folic acid coating Anti-stress, energy booster PMS, menstrual, headaches Reduces cravings of alcohol, chocolate, caffeine, & sugar Normalizes blood sugar, IBS Hair, skin, nails, ADD, ADHD</p> <p align="center">PerMeal---PerDay</p>	<p align="center">VITA-C 500MG SUST. <i>Infection Fighter--Fruit</i></p> <p>Natures "Antibiotic" Builds immune system Builds collagen Anti--stress, ADD, ADHD Detoxifies, antioxidant Helps healing, sinusitis Bladder</p> <p align="center">PerMeal---PerDay</p>	<p align="center">VITA-E COMPLEX <i>Life Raft--Youth Vitamin</i></p> <p>Grapeseed extract & selenium, power antioxidant Energy, stress, stamina Hot flashes, menopause Heart attack reduction Breathing, lungs, ADD, ADHD Varicose veins, fibro-cysts</p> <p align="center">PerMeal---PerDay</p>	<p align="center">IRON + C COMPLEX <i>Blood Builder</i></p> <p>Anemia, cold hands & feet Anti--stress, fatigue & weakness Helps immune system Blue or brittle nails C to enhance absorption Healthy red blood cells Palpitations or dizziness</p> <p align="center">PerMeal---PerDay</p>	<p align="center">ESSENTIAL FOUNDATION</p> 
<p align="center">CAROTOMAX <i>Health Protector-Carto</i></p> <p>Maximum antioxidant protection Prostate, eye & heart health Cervix, colon & lung cancer Macular Degeneration Prevents LDL damage Strong immune system 6 most important carotenoids</p> <p align="center">PerMeal---PerDay</p>	<p align="center">FLAVOMAX <i>Health Protector-Flavo</i></p> <p>Maximum antioxidant protection 15 times average intake of flavonoids Supports circulation, capillary strength, cardiovascular health Builds healthy cells 6 most important flavonoids</p> <p align="center">PerMeal---PerDay</p>	<p align="center">IMMUNE BUILDING CPLX <i>Immune Booster</i></p> <p>Support, strengthen, optimize Boosts 1st line of defense Induces natural interferon Keeps Immune System on "Orange Alert" Pollen, parasites, anti-tumor, virus, fungi, allergies, bacteria</p> <p align="center">PerMeal---PerDay</p>	<p align="center">CORENERGY <i>Promotes Vitality</i></p> <p>Ginseng revitalizes & replenishes vital energy Cordyceps fights fatigue, enhances cardio health Green Tea Extract promotes sustained vitality Maintain energy, resist fatigue</p> <p align="center">PerMeal---PerDay</p>	<p align="center">CALCIUM <i>Nature's Tranquilizer</i></p> <p>Pain, cramps, headaches Osteoporosis, teeth, stress Heartburn, acid indigestion Insomnia, blood pressure Hyperactivity, ADD & ADHD PMS, menstrual problems Increase bone density, IBS</p> <p align="center">PerMeal---PerDay</p>	<p align="center">OPTIFLORA COMPLEX <i>Advanced Daily Colon Care</i></p> <p>Colon cancer protection Immune system, candida, IBS, yeast infections, diarrhea Digestion problems, canker sores, parasites, ADD, ADHD During antibiotics or chemo Bifidus & acidophilus Guaranteed</p> <p align="center">PerMeal---PerDay</p>	<p align="center">CO Q HEART <i>Vital for a Healthy Heart</i></p> <p>CoQ10 energy power for heart & major organs Resveratrol & CoQ10 prevents cholesterol oxidation Blood vessels relax, dilate Up to 500% more bioavailable than solid, 333% soft gel</p> <p align="center">PerMeal---PerDay</p>
<p align="center">OMEGA-3 COMPLEX <i>Natural Anti-Inflammatory</i></p> <p>Fish oil, omega 3 fatty acids Blood pressure & blood clots Stroke, heart attack, and cholesterol reduction Psoriasis, eczema, ADD, ADHD Rheumatoid arthritis, IBS Migraine headaches</p> <p align="center">PerMeal---PerDay</p>	<p align="center">LECITHIN <i>Fat Emulsifier</i></p> <p>Cholesterol control, weight loss Memory food, brain function Improves skin elasticity Joint lubricator, nerve protector Psoriasis, eczema, ADD, ADHD Essential fatty acids Healthy hair & skin, cysts</p> <p align="center">PerMeal---PerDay</p>	<p align="center">ALFALFA COMPLEX <i>Mineral Bouquet</i></p> <p>Arthritis, bursitis, gout relief Natural diuretic, allergies 8 digestive enzymes, IBS Body balancer, sinus relief Trace minerals, headaches PMS, menstrual problems Kidney & gall stones</p> <p align="center">PerMeal---PerDay</p>	<p align="center">MEMORY OPTIMIZER <i>Boosts Memory</i></p> <p>Enhances blood flow & oxygen to the brain Increases ability to learn Improves memory, keep it sharp With regular use will help you "stay sharp as a tack" & be at your mental best</p> <p align="center">PerMeal---PerDay</p>	<p align="center">MENTAL ACUITY COMPLEX <i>Memory Power</i></p> <p>Ginkgo biloba, unique blend Memory, concentration Circulation to brain, hearing Strengthen blood vessels ADD, ADHD, ringing ears Heart attack protection, eyes Macular degeneration</p> <p align="center">PerMeal---PerDay</p>	<p align="center">FIBER PRODUCTS <i>Nature's Roughage</i></p> <p>Speeds intestine transit time Removes toxins, weight loss Traps & eliminates fats, IBS Normalizes blood sugar Reduces cholesterol levels Pre-load snack Crunch, Mix, Tablet, Chewable</p> <p align="center">PerMeal---PerDay</p>	<p align="center">STRESS RELIEF COMPLEX <i>Tension & Stress</i></p> <p>Promotes tranquil state of mind Supresses cortisol Adapt to & relieve stress Affects long term health Relaxes body & mind & promotes alertness NO Kava, NO drowsiness</p> <p align="center">PerMeal---PerDay</p>
	<p align="center">SAW PALMETTO COMPLEX <i>Prostate Health</i></p> <p>Maintain proper urinary flow Enlarged prostate Beta-sitosterol & other phytosterols Unique formulation Men over 40 Prevents & lessens BPH</p> <p align="center">PerMeal---PerDay</p>	<p align="center">JOINT-MUSCLE PAIN CREAM <i>Relief in Minutes</i></p> <p>Joint, muscle pain relief Arthritis, backaches, sore muscles, sports injuries Non-greasy, fast absorbing, deep penetrating, topical cream Patented delivery system for advanced penetration</p> <p align="center">PerMeal---PerDay</p>	<p align="center">JOINT HEALTH COMPLEX <i>Joint Cushion</i></p> <p>Glucosamine & unique blend of herbs Freedom of motion Build, maintain, support healthy joint cartilage Anti-inflammatory Increase & give greater mobility</p> <p align="center">PerMeal---PerDay</p>	<p align="center">PAIN RELIEF COMPLEX <i>Pain Reducer</i></p> <p>Natural pain relief for joints Reduce inflammation, gentle on stomach, no aspirin Clinically proven, patent pending Improves restricted movement Arthritis, fibromyalgia, tendonitis, etc.</p> <p align="center">PerMeal---PerDay</p>	<p align="center">GARLIC COMPLEX <i>Superb Herb</i></p> <p>Antioxidant, infection fighter Yeast infection fighter Natural antibiotic, colds & flu Anti-inflammatory, arthritis Circulatory system Blood pressure, cholesterol Digestive aid, ulcers</p> <p align="center">PerMeal---PerDay</p>	

PURE WATER! Shaklee BestWater is recommended, 8 glasses each day for better health. Perfect Pitcher Carafe is great, but Reverse Osmosis is best for the most pure and finest quality water available. Eat your supplements every day for superior results, ideally with meals for maximum absorption. SHAKLEE "BETTER HEALTH" SMORGASBORD-S&CU09/04

SHAKLEE SUPPLEMENTS ARE CLINICALLY TESTED, PROVEN, AND COMPLETELY ABSORBED (100% BIOAVAILABLE)

INSTANT PROTEIN SOY MIX***ENERGY & CELL BUILDER******* Same benefits as Energizing Soy Protein outlined on other side. Additionally less than 1 gram carbohydrate & only 80 calories. Great for cooking & baking as well as in drinks like Energizing Soy Protein. Both Energizing Soy & Instant Protein are a natural source of isoflavones such as genistein & daidzein, phytoestrogens studied for their health benefits. They also help sustain your energy for hours.

<p>GENTLE SLEEP COMPLEX <i>Calmer</i> Relieves headache pain Natural sleep aid Relieves muscle spasm, nervous tension ADHD, behavior disorders Helps maintain a calm state Reduce anti-aggressiveness PerMeal---PerDay</p>	<p>MOODLIFT COMPLEX <i>Positive Mental Outlook</i> St. Johns Wart, Green Oats, Siberian Ginseng, inositol Relieve anxiety, moderate depression, irritability Promotes relaxation & calmness Enhances nerve signal transmission PerMeal---PerDay</p>	<p> Creating Healthier Lives™</p>	<p>MENOPAUSE BALANCE CPLX <i>Menopausal Balance</i> Natural hormone replacement & balance, Phytoestrogens Control hot flashes, depression Insomnia, mood swings Contains: Soy Isoflavones, Dong Quai, Red Clover, Black Cohash, & Licorice PerMeal---PerDay</p>	<p> Creating Healthier Lives™</p>	<p>E-Z GEST <i>Enzyme Digestive Aid</i> Eases gas, bloating, cramps, belching, & fullness, IBS Addresses all food groups Comprehensive digestive support, eat all foods Multi-enzyme, plant-based formula, healthy digestion PerMeal---PerDay</p>	<p>STOMACH SOOTHING CPLX <i>Digestion</i> Digestive aid, relief from gas nausea, indigestion & colitis Motion & morning sickness Improves muscle tone of digestive tract, calms stomach Hiatal hernia, diverticulosis Constipation, diarrhea, IBS PerMeal---PerDay</p>
<p>MEAL SHAKES <i>Meal Replacement</i> Mix with milk or juice Meal replacement Weight loss or weight gain Nutritional insurance Smart food for every body Simple, inexpensive & complete Great tasting Cocoa or Vanilla PerMeal---PerDay</p>	<p>SLIM PLAN GOLD <i>Restore Metabolism</i> Weight Management, Energy Total meal replacement Balanced proteins, fats & carbs 12 grams protein + 8 of fiber Detoxify, Build lean body mass Improve GI & Thyroid function Tastes great--Vanilla or Choc. PerMeal---PerDay</p>	<p>METABOLIC BOOSTING BITES <i>Energy Booster</i> Satisfy cravings for chocolate and sweets Supports healthy metabolism Stimulates and energizes Delicious chocolate flavor Great source of calcium Ephedra FREE! PerMeal---PerDay</p>	<p>APPETITE REDUCING SPRAY <i>Appetite Reducer</i> Homeopathic exclusive formula Reduces appetite, restores metabolic balance, & detoxify Relieve excess water retention, nervousness, indigestion, & feelings of fatigue No taste, 16 key ingredients PerMeal---PerDay</p>	<p>PHYSIQUE <i>Workout Maximizer</i> Muscle repair & rebuilding Strength & maximum recovery Build lean muscle mass All essential & nonessential amino acids Bio-Build for recovery Delicious Banana flavor PerMeal---PerDay</p>	<p>PERFORMANCE <i>Maximum Endurance</i> Endurance, recovery Carbohydrate energy Balance of electrolytes Prevent dehydration Settles stomach, flu, diarrhea Up to 67% more muscle fuel Orange & Lemon Lime PerMeal---PerDay</p>	<p>HERB-LAX <i>Normalizer--Nature's Herbs</i> 8 Organic complimentary herbs Body cleanser, IBS Detoxifies system Cleans digestive tract Constipation or diarrhea Promotes regularity Safe & effective PerMeal---PerDay</p>
<p>LIQUI--LEA PLUS <i>Tonic</i> Liquid multivitamin plus iron 10 essential nutrients & iron Natural fruit flavor Natural decongestant Ear infection, coughs Digestion, energy Quick pick me up PerMeal---PerDay</p>	<p>CITRI-BOOST <i>Daily Vita-Boost</i> Multivitamin- multimineral powder + acidophilus & more Mixes with juice & protein drink Smooth and convenient Promote balanced nutrition, colon & immune system health Seniors, kids & the whole family PerMeal---PerDay</p>	<p>GLA COMPLEX <i>Body Regulator</i> PMS, menstrual, menopause Anti-inflammatory, arthritis Fibrocystic breast disease Splitting nails, weight control Depression, ADD, ADHD Aids menstrual cycle Fibromyalgia PerMeal---PerDay</p>	<p>LIVER DTX COMPLEX <i>Detoxifier</i> Liver, pancreas Support healthy liver cell regeneration & detoxification Maintain bile flow Milk Thistle & unique blend Help liver fight toxins Cirrhosis, hepatitis PerMeal---PerDay</p>	<p>MULTI-MUNCH BARS <i>Nutrition Energy Bar</i> Excellent source of soy protein 4 grams of fiber, 200 calories Delicious honey peanut flavor Low in saturated fat Superb blend of peanut butter, flax seeds, & soy nuts Great breakfast or "pick me up" PerMeal---PerDay</p>	<p>CARBO CRUNCH BARS <i>Super Snack</i> Excellent sports energy bar Energy, great snack Enhance endurance Tasty diet meal or snack Mini meal, quick lift Pro-Carbo Complex for immediate & sustained energy Peanut Butter & Cocoa PerMeal---PerDay</p>	<p>DEFEND & RESIST CPLX <i>Defend & Resist</i> Echinacea, Black Elderberry, Larch Tree, & Zinc Support, maintain & enhance immune functions Swallow, chew, use as a tea or lozenge Colds, flu, infection, etc. PerMeal---PerDay</p>
<p>ZINC COMPLEX <i>Catalyst</i> Wounds & burns, sore throat Hair, skin, nails, eczema Prostate & reproduction Anti--stress, diabetes Boosts immune system Taste, smell & appetite Promotes insulin, ADD, ADHD PerMeal---PerDay</p>	<p>CHOLESTEROL REGULATION <i>Safe: No Side Effects</i> Lowers total cholesterol Lowers LDL--Bad Cholesterol Raises HDL--Good Cholesterol Prevents cholesterol oxidation Doesn't inhibit Co Q 10 Inhibits absorption of dietary cholesterol PerMeal---PerDay</p>	<p> Creating Healthier Lives™</p>	<p>IMMUNITY FORMULA I <i>Healthy Immune System</i> Synergistic blend provides nine immunoactive nutrients Daily immune system support ShakleeGuard to ensure full nutrient potency Skin, allergies & immune diseases PerMeal---PerDay</p>	<p> Creating Healthier Lives™</p>	<p>GLUCOSE REGULATION <i>Blood Sugar Regulator</i> Helps promote & regulate normal blood sugar levels Provides natural support for normal glucose metabolism Valuable for type II diabetics Reduces cravings Adds antioxidant activity PerMeal---PerDay</p>	<p> CRAVING REDUCTION COMPLEX <i>Blood Sugar Regulator</i> Helps promote & regulate normal blood sugar levels Provides natural support for normal glucose metabolism Valuable for type II diabetics Reduces cravings Adds antioxidant activity PerMeal---PerDay</p>

PURE WATER! Shaklee BestWater is recommended, 8 glasses each day for better health. Perfect Pitcher Carafe is great, but Reverse Osmosis is best for the most pure and finest quality water available. Eat your supplements every day for superior results, ideally with meals for maximum absorption. SHAKLEE "BETTER HEALTH" SMORGASBORD-S&CU09/04